



# Meals

## FIT 4 LIFE

A perfect fit for your active lifestyle! *Heat, Eat & Enjoy*

\$9



### GRILLED SALMON

Citrus-miso glazed salmon, steamed broccoli, grilled eggplant and bell peppers served on a blend of brown rice and quinoa with a side of citrus-miso glaze



Keto-friendly option available



### GRILLED CHICKEN

Marinated chicken breast, steamed broccoli, grilled eggplant and bell peppers served on a blend of brown rice and quinoa with a side of citrus-miso glaze



Keto-friendly option available



### GLAZED SHRIMP

Five plump shrimp, steamed broccoli, grilled eggplant and bell peppers served on a blend of brown rice and quinoa with a side of citrus-miso glaze



### GRILLED VEGGIES

Grilled eggplant, zucchini, cherry tomatoes and bell peppers served with steamed broccoli on a blend of brown rice and quinoa with a side of citrus-miso glaze