

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

SC Meters-Female

8 & U	25 Free	18.73	13-Mar-10	ODST	Kayle Park at March 2010 Age Group Championship Swim Meet	
	50 Free	39.84	30-Oct-04	ODST	Ayana COLE-FLETCHER at Pumpkin Plunge	
	100 Free	1:40.90	21-Feb-15	ODST	Megan A. Cleaver at SMST Email Swim Meet Series 2015 Meet # 1	
	200 Free	4:48.00	26-Jul-10	ODST	Jane Lawing at TriCamp Tryouts 2010	
	400 Free	7:17.00	27-Nov-15	ODST	Ehlee Evans at Distance Dare	
	800 Free	15:03.00	27-Nov-15	ODST	Ehlee Evans at Distance Dare	
	1000 Free	27:20.00	9-Dec-11	ODST	Andie Goodes at Distance Dare 2011	
	1500 Free	29:45.00	27-Nov-15	ODST	Ehlee Evans at Distance Dare	
	25 Back	21.33	8-Dec-07	ODST	Allisan Sojourner at Holiday Hurrah Swim Meet	
	50 Back	47.70	9-Mar-19	ODST	Isabella J. Schley at March 2019 Age Group Champs Swim Meet	
	100 Back	1:57.08	27-Jun-15	ODST	Ehlee Evans at Summer Meet #1	
	200 Back	1:40:39.99	1-Jan-95	ODST	You Could Be Here!	
	25 Breast	24.64	13-Mar-04	ODST	Ayana COLE-FLETCHER at ASCJ Winter Junior Olympics	
	50 Breast	50.58	13-Mar-10	ODST	Kayle Park at March 2010 Age Group Championship Swim Meet	
	100 Breast	2:05.53	18-Nov-06	ODST	Perri F. Nelson at Fall Flounder Meet	
	200 Breast	1:40:39.99	1-Jan-95	ODST	You Could Be Here!	
	25 Fly	19.90	10-Jan-15	ODST	Ehlee Evans at Time Trials - Tokyo Last Chance Swim	
	50 Fly	48.90	6-Mar-99	ODST	Rina IHU at ASCJ JR OLYMPICS	
	100 Fly	2:51.69	17-Feb-16	ODST	Isabella Kuemerle-Pinillos at Time Trials	
	200 Fly	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	25 IM	22.55	29-Oct-00	ODST	Kennedy Allen at Fall Flounder 2000	
	100 IM	1:47.38	12-Dec-09	ODST	Kayle Park at Fall Finale Swim Meet	
	200 IM	4:33.80	1-Oct-99	ODST	Nicole WRIGHT at TIME TRIAL 10/1/99	
	400 IM	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Free Relay	1:27.47	13-Mar-04	ODST	Okinawa Dolphins Swim Team C. ALLEN, J. Gulle, P. CACKOVIC, A. COLE	
	200 Free Relay	59:59.59	1-Jan-01		Okinawa Dolphins Swim Team	
	400 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:41.00	9-Mar-13	ODST	Okinawa Dolphins Swim Team M. Williams, P. Linhares, A. Park, E. Seamone	
	200 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	9-10	50 Free	33.46	8-Mar-08	ODST	Lalia K. Tate at St. Mary's Tokyo Invite Championship
		100 Free	1:14.50	8-Mar-08	ODST	Lalia K. Tate at St. Mary's Tokyo Invite Championship
		200 Free	2:45.74	8-Dec-07	ODST	Lalia K. Tate at Holiday Hurrah Swim Meet
		400 Free	6:05.71	8-Jul-08	ODST	Lalia K. Tate at Summer Sizzler Swim Meet
800 Free		15:40.00	23-Nov-12	ODST	Kaitlyn M. Niesent at Distance Dare	
1000 Free		19:30.00	1-Jan-01	ODST	Novinger, S	
1500 Free		29:16.99	17-Jun-99	ODST	Jessica MAYS at TIME TRIAL 6/17/99	
50 Back		37.90	7-Jan-12	ODST	Madison M. Hoover at Time Trial	
100 Back		1:23.28	7-Jan-12	ODST	Madison M. Hoover at Time Trial	
200 Back		3:21.87	16-Nov-13	ODST	Emily Ward at Turkey Tumble Swim Meet	
50 Breast		41.79	9-Dec-07	ODST	Lalia K. Tate at JSF Motobu	
100 Breast		1:31.67	8-Mar-08	ODST	Lalia K. Tate at St. Mary's Tokyo Invite Championship	
200 Breast		4:17.00	21-Dec-00	ODST	Nicole WRIGHT at Holiday 2000 Time Trial	
50 Fly		37.99	20-Jan-08	ODST	Lalia K. Tate at Central Okinawa Invitational	
100 Fly		1:34.96	21-Oct-16	ODST	Ehlee Evans at ES Swim Meet	
200 Fly		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
25 IM		21.23	18-Nov-06	ODST	Sydney Manion at Fall Flounder Meet	
100 IM		1:24.39	20-Jan-08	ODST	Lalia K. Tate at Central Okinawa Invitational	

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Okinawa Dolphins Swim Team

RECORDS Short Course Meters

9-10	200 IM	3:02.18	8-Mar-08	ODST	Lalia K. Tate at St. Mary's Tokyo Invite Championship	
	400 IM	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Free Relay	1:11.12	10-Mar-01	ODST	Okinawa Dolphins Swim Team N. WRIGHT, A. Zulock, S. Novinger	
	200 Free Relay	2:31.90	8-Mar-08	ODST	Okinawa Dolphins Swim Team L. Tate, L. Clark, A. Sojourner, A. Sojourner	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:14.90	1-Jan-00	ODST	2000	
	200 Medley Relay	2:59.96	9-Mar-13	ODST	Okinawa Dolphins Swim Team E. Ward, J. Lawing, E. Thompson, K. Adamiec	
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
11-12	50 Free	29.82	13-Mar-10	ODST	Lalia K. Tate at March 2010 Age Group Championship Swim Meet	
	100 Free	1:05.96	15-Mar-14	ODST	Evey Thompson at March 2014 Age Group Championship Swim Meet	
	200 Free	2:22.50	13-Mar-10	ODST	Lalia K. Tate at March 2010 Age Group Championship Swim Meet	
	400 Free	4:57.88	21-Nov-14	ODST	Madison M. Hoover at Tigersharks Invitational Swim Meet	
	800 Free	11:40.00	28-Nov-14	ODST	Madison M. Hoover at Distance Dare	
	1000 Free	15:31.00	9-Dec-11	ODST	Meagan V. Quispe at Distance Dare 2011	
	1500 Free	22:03.00	28-Nov-14	ODST	Madison M. Hoover at Distance Dare	
	50 Back	35.57	22-Apr-07	ODST	Samantha Cohn at JSF West Japan Preliminary Meet	
	100 Back	1:16.81	15-Mar-14	ODST	Madison M. Hoover at March 2014 Age Group Championship Swim Meet	
	200 Back	2:44.02	21-Nov-14	ODST	Madison M. Hoover at Tigersharks Invitational Swim Meet	
	50 Breast	37.57	13-Mar-10	ODST	Lalia K. Tate at March 2010 Age Group Championship Swim Meet	
	100 Breast	1:21.76	13-Mar-10	ODST	Lalia K. Tate at March 2010 Age Group Championship Swim Meet	
	200 Breast	2:58.37	22-Apr-07	ODST	Samantha Cohn at JSF West Japan Preliminary Meet	
	50 Fly	32.90	13-Sep-15	ODST	Sam Duenas at JSS Awase	
	100 Fly	1:12.09	13-Mar-10	ODST	Lalia K. Tate at March 2010 Age Group Championship Swim Meet	
	200 Fly	3:09.18	7-Dec-13	ODST	Kat Ingebretsen at Season Finale Swim Meet	
	25 IM	20.58	12-Dec-09	ODST	Lalia K. Tate at Fall Finale Swim Meet	
	100 IM	1:14.36	13-Mar-10	ODST	Lalia K. Tate at March 2010 Age Group Championship Swim Meet	
	200 IM	2:47.09	13-Sep-15	ODST	Sam Duenas at JSS Awase	
	400 IM	6:30.87	7-Jul-09	ODST	Lalia K. Tate at Summer Sizzler Swim Meet	
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Free Relay	2:10.40	15-Mar-14	ODST	Okinawa Dolphins Swim Team A. Schrader, J. Choi, E. Thompson, M. Hoover	
	400 Free Relay	5:11.02	1-Jan-99	ODST	1999	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Medley Relay	2:28.50	13-Mar-10	ODST	Okinawa Dolphins Swim Team J. Parke, L. Tate, C. Vietas, M. Quispe	
	400 Medley Relay	6:03.81	1-Jan-02	ODST	2002	
	13-14	50 Free	28.82	13-Mar-10	ODST	Brianna M. Mount at March 2010 Age Group Championship Swim Meet
		100 Free	1:02.84	13-Mar-10	ODST	Brianna M. Mount at March 2010 Age Group Championship Swim Meet
		200 Free	2:18.63	14-Mar-15	ODST	Madison M. Hoover at Tokyo Winter Championships Swim Meet
		400 Free	4:44.89	12-Mar-11	ODST	Alicia J. Carlin at Atsugi
		800 Free	10:52.89	25-Jan-09	ODST	Thalia T. Tate at JSF Awase Preliminary for JOC Cup Meet
1000 Free		15:08.00	25-Nov-16	ODST	Jane Lawing at Distance Dare	
1500 Free		21:34.00	3-Dec-10	ODST	Alicia J. Carlin at ODST Distance Dare Foster 25m	
50 Back		33.65	14-Mar-15	ODST	Madison M. Hoover at Tokyo Winter Championships Swim Meet	
100 Back		1:12.90	13-Mar-10	ODST	Alicia J. Carlin at March 2010 Age Group Championship Swim Meet	
200 Back		2:32.95	14-Mar-15	ODST	Madison M. Hoover at Tokyo Winter Championships Swim Meet	
50 Breast		37.75	15-Nov-08	ODST	Sammi Cohn at ODST Perky Turkey Tumble Swim Meet	
100 Breast		1:19.10	7-Mar-09	ODST	Sammi Cohn at Tokyo International Championships	
200 Breast		2:47.86	8-Mar-08	ODST	Sammi Cohn at St. Mary's Tokyo Invite Championship	
50 Fly		31.62	13-Mar-10	ODST	Brianna M. Mount at March 2010 Age Group Championship Swim Meet	
100 Fly		1:09.33	11-Mar-17	ODST	Sam Duenas at 2017 AG Champs Swim Meet (QTS)	

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RECORDS Short Course Meters

13-14	200 Fly	2:39.54	19-Jun-11	ODST	Alicia J. Carlin at JSF Onoyama	
	25 IM	20.02	27-Nov-04	ODST	Mary A. Schweers at Fall Flounder	
	100 IM	1:12.99	13-Sep-10	ODST	Alicia J. Carlin at Time Trial	
	200 IM	2:35.16	20-Nov-10	ODST	Alicia J. Carlin at 2010 Citi Invitational	
	400 IM	5:34.00	2-Feb-11	ODST	Alicia J. Carlin at Time Trial	
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Free Relay	2:05.74	21-Nov-09	ODST	Okinawa Dolphins Swim Team A. Carlin, M. Parke, J. Geist, C. Barcenas	
	400 Free Relay	4:20.25	13-Mar-10	ODST	Okinawa Dolphins Swim Team B. Mount, C. Barcenas, M. Parke, A. Carlin	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Medley Relay	2:14.82	13-Mar-10	ODST	Okinawa Dolphins Swim Team C. Barcenas, M. Parke, A. Carlin, B. Mount	
	400 Medley Relay	5:45.89	1-Jan-98	ODST	1998	
	15-18	50 Free	28.09	14-Mar-98	ODST	LAURA A. BRENNAN at WINTER JO 1998
100 Free		1:02.19	12-Mar-16	ODST	Rachel Carson at March 2016 Age Group Championship Swim Meet	
200 Free		2:13.64	14-Mar-15	ODST	Rachel Carson at Tokyo Winter Championships Swim Meet	
400 Free		4:45.93	14-Mar-15	ODST	Rachel Carson at Tokyo Winter Championships Swim Meet	
800 Free		10:40.95	18-Oct-09	ODST	Thalia T. Tate at JSF Awase	
1000 Free		13:45.00	1-Jan-00	ODST	Stern, J	
1500 Free		20:03.00	28-Nov-14	ODST	Rachel Carson at Distance Dare	
50 Back		33.65	21-Feb-15	ODST	Heana H. Reed at Kadena vs. Kubasaki	
100 Back		1:09.44	14-Mar-15	ODST	Natalie G. Finman at Tokyo Winter Championships Swim Meet	
200 Back		2:27.34	14-Mar-15	ODST	Natalie G. Finman at Tokyo Winter Championships Swim Meet	
50 Breast		40.09	12-Jan-03	ODST	Chelsea Hamashin at JASF B & G	
100 Breast		1:24.39	14-Mar-98	ODST	LAURA A. BRENNAN at WINTER JO 1998	
200 Breast		2:58.74	10-Mar-18	ODST	Maddie Sullins at 2018 AG Champs Swim Meet (QTS)	
50 Fly		30.63	1-Jan-00	ODST	Stern, J	
100 Fly		1:06.48	21-Nov-14	ODST	Rachel Carson at Tigersharks Invitational Swim Meet	
200 Fly		2:28.24	12-Mar-16	ODST	Rachel Carson at March 2016 Age Group Championship Swim Meet	
25 IM		20.69	13-Jul-19	ODST	Veronica Broskovetz at Summer Splash	
100 IM		1:12.61	21-Nov-14	ODST	Rachel Carson at Tigersharks Invitational Swim Meet	
200 IM		2:35.06	14-Mar-15	ODST	Natalie G. Finman at Tokyo Winter Championships Swim Meet	
400 IM		5:32.19	14-Mar-15	ODST	Natalie G. Finman at Tokyo Winter Championships Swim Meet	
100 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200 Free Relay		2:06.09	20-Jan-08	ODST	Okinawa Dolphins Swim Team Q. Cohn, S. Cohn, Y. Simons, C. May	
400 Free Relay		4:21.30	15-Mar-15	ODST	Okinawa Dolphins Swim Team R. Carson, N. Finman, H. Reed, A. Hunck	
800 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
100 Medley Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200 Medley Relay		2:14.94	14-Mar-15	ODST	Okinawa Dolphins Swim Team H. Reed, A. Hunck, R. Carson, N. Finman	
400 Medley Relay		5:38.23	8-Mar-03	ODST	Okinawa Dolphins Swim Team N. Kauzlarich, J. Erickson, C. Hamashin, C. M	
19-24		25 Free	14.18	19-Sep-04	ODST	Mary Cholko at JMSF Awase
		50 Free	31.41	7-Dec-13	ODST	Catherine R. Nuar at Season Finale Swim Meet
		100 Free	1:09.57	27-Apr-19	ODST	Rachel Carson at Spring Fling
		200 Free	2:32.00	21-Jul-00	ODST	Amy O'Donnell at Practice 200 7/21/00
	400 Free	5:14.00	19-Jan-01	ODST	Amy O'Donnell at Time Trial	
	800 Free	12:46.00	3-Dec-10	ODST	Jennifer A. Guare at ODST Distance Dare Foster 25m	
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1500 Free	23:55.00	3-Dec-10	ODST	Jennifer A. Guare at ODST Distance Dare Foster 25m	
	25 Back	17.89	4-Nov-06	ODST	Vanessa B. Brown at JSS Kansai and ODST Masters Friendship Meet	
50 Back	47.90	20-Nov-10	ODST	Jennifer A. Guare at 2010 Citi Invitational		
100 Back	1:33.22	17-Apr-21	ODST	Joelle Cook at Spring Splash Swim Meet		

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Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

19-24	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Breast	1:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Breast	53.43	15-Nov-00	ODST	Elizabeth Quintanilla at November Nautique	
	100 Breast	1:37.95	19-May-18	ODST	Corinne Filippelli at Spring Splash ODSST Spring Meet #2	
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Fly	15.38	12-Aug-17	ODST	Rachel Carson at Summer Season Meet #2	
	50 Fly	32.33	12-Aug-17	ODST	Rachel Carson at Summer Season Meet #2	
	100 Fly	1:12.36	6-Jul-10	ODST	Madison H. Rupp at ODSST Meet Foster 50m, 25m Course	
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 IM	1:15.49	6-Jul-10	ODST	Madison H. Rupp at ODSST Meet Foster 50m, 25m Course	
	200 IM	2:37.87	6-Jul-10	ODST	Madison H. Rupp at ODSST Meet Foster 50m, 25m Course	
	400 IM	6:42.55	14-Nov-09	ODST	Jennifer A. Guare at Fall Flounder Swim Meet	
	19-29	25 Free	14.14	17-May-15	ODST	Katie A. Mason at JMF Masters Urasoe
		50 Free	28.10	17-Feb-15	ODST	Katrina Maloney at TT
100 Free		59.38	22-Jun-10	ODST	Mary E. Mohler at ODSST Meet Foster 50m, 25m Course	
200 Free		2:11.86	25-Jan-03	ODST	Erin Emery at Tokyo New Year's Meet	
400 Free		4:33.50	13-Oct-10	ODST	Mary E. Mohler at Time Trial	
800 Free		10:14.09	31-Jan-10	ODST	Mary E. Mohler at Estimated Splits & Test Set	
1000 Free		13:09.00	23-Nov-12	ODST	Mary E. Mohler at Distance Dare	
1500 Free		19:45.00	23-Nov-12	ODST	Mary E. Mohler at Distance Dare	
25 Back		17.10	21-Sep-14	ODST	Katie A. Mason at JMF Onoyama	
50 Back		32.34	22-Jun-10	ODST	Mary E. Mohler at ODSST Meet Foster 50m, 25m Course	
100 Back		1:06.40	22-Jun-10	ODST	Mary E. Mohler at ODSST Meet Foster 50m, 25m Course	
200 Back		2:46.69	25-Jan-03	ODST	Elinor Ramey at Tokyo New Year's Meet	
25 Breast		17.39	1-Jan-00	ODST	Rivera, S	
50 Breast		37.10	4-Nov-06	ODST	Julia M. Lockhart at JSS Kansai and ODSST Masters Friendship Meet	
100 Breast		1:21.95	9-Dec-06	ODST	Julia M. Lockhart at Fall Finale Swim Meet	
200 Breast		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
25 Fly		15.66	4-Nov-06	ODST	Vanessa Cavey at JSS Kansai and ODSST Masters Friendship Meet	
50 Fly		30.57	22-Jun-10	ODST	Mary E. Mohler at ODSST Meet Foster 50m, 25m Course	
100 Fly		1:03.88	22-Jun-10	ODST	Mary E. Mohler at ODSST Meet Foster 50m, 25m Course	
200 Fly		2:18.00	1-Jun-10	ODST	Mary E. Mohler at Times	
25 IM		21.78	20-Jul-07	ODST	Vanessa B. Cavey at End of Summer Season Swim Meet	
100 IM		1:12.00	12-Oct-10	ODST	Mary E. Mohler at Time Trial	
200 IM		2:37.87	6-Jul-10	ODST	Madison H. Rupp at ODSST Meet Foster 50m, 25m Course	
400 IM		6:42.55	14-Nov-09	ODST	Jennifer A. Guare at Fall Flounder Swim Meet	
100 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
400 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
800 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
100 Medley Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200 Medley Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!		
25-29	25 Free	14.30	19-Sep-04	ODST	Kris Balog at JMSF Awase	
	50 Free	28.64	25-Jan-03	ODST	Erin Emery at Tokyo New Year's Meet	
	100 Free	59.38	22-Jun-10	ODST	Mary E. Mohler at ODSST Meet Foster 50m, 25m Course	
	200 Free	2:11.86	25-Jan-03	ODST	Erin Emery at Tokyo New Year's Meet	
	400 Free	4:46.00	1-Mar-10	ODST	Mary E. Mohler at Time Trials	
	800 Free	10:20.00	3-Dec-10	ODST	Mary E. Mohler at ODSST Distance Dare Foster 25m	
	1000 Free	13:09.00	23-Nov-12	ODST	Mary E. Mohler at Distance Dare	
1500 Free	19:45.00	23-Nov-12	ODST	Mary E. Mohler at Distance Dare		

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

25-29	25	Back	17.10	21-Sep-14	ODST	Katie A. Mason at JMF Onoyama	
	50	Back	32.34	22-Jun-10	ODST	Mary E. Mohler at ODST Meet Foster 50m, 25m Course	
	100	Back	1:06.40	22-Jun-10	ODST	Mary E. Mohler at ODST Meet Foster 50m, 25m Course	
	200	Back	2:46.69	25-Jan-03	ODST	Elinor Ramey at Tokyo New Year's Meet	
	25	Breast	17.39	16-Apr-00	ODST	Shirley Rivera at JMSF - Ryuku Spring Champs	
	50	Breast	41.23	19-Sep-04	ODST	Kris Balog at JMSF Awase	
	100	Breast	1:51.68	29-Oct-00	ODST	Samantha Greer at Fall Flounder 2000	
	200	Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25	Fly	16.09	16-Apr-00	ODST	Amy L. Raines at JMSF - Ryuku Spring Champs	
	50	Fly	30.57	22-Jun-10	ODST	Mary E. Mohler at ODST Meet Foster 50m, 25m Course	
	100	Fly	1:03.88	22-Jun-10	ODST	Mary E. Mohler at ODST Meet Foster 50m, 25m Course	
	200	Fly	2:18.00	1-Jun-10	ODST	Mary E. Mohler at Times	
	100	IM	1:12.00	3-Jan-11	ODST	Mary E. Mohler at time trial	
	200	IM	2:59.20	20-Nov-99	ODST	Kyle R. Mikos at 1999 Fall Distance	
	400	IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	30-34	25	Free	13.25	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet
		50	Free	28.57	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet
100		Free	1:01.59	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
200		Free	2:17.82	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
400		Free	4:55.81	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
800		Free	10:25.92	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
1000		Free	14:38.00	23-Nov-12	ODST	Dawn Hildebrand at Distance Dare	
1500		Free	21:53.00	23-Nov-12	ODST	Dawn Hildebrand at Distance Dare	
25		Back	18.70	17-May-15	ODST	Alex Watkins at JMF Masters Urasoe	
50		Back	40.34	17-May-15	ODST	Alex Watkins at JMF Masters Urasoe	
100		Back	1:29.57	20-Dec-03	ODST	Mitzi Carlin at Fall Finale	
200		Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
25		Breast	15.93	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet	
50		Breast	36.85	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet	
100		Breast	1:19.44	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet	
200		Breast	3:21.08	7-Dec-13	ODST	Dawn Hildebrand at Season Finale Swim Meet	
25		Fly	26.79	19-May-18	ODST	Natalie A. Miller at Spring Splash ODST Spring Meet #2	
50		Fly	31.74	22-Sep-13	ODST	Dawn Hildebrand at JMSF Onoyama Meet	
100		Fly	1:12.45	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
200		Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
100		IM	1:16.77	2-Nov-13	ODST	Dawn Hildebrand at Fall Flounder	
200		IM	2:49.73	6-Jul-13	ODST	Dawn Hildebrand at ODST Summer Sizzler Swim Meet	
400		IM	6:02.38	7-Dec-13	ODST	Dawn Hildebrand at Season Finale Swim Meet	
30-39	25	Free	13.25	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet	
	50	Free	28.57	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet	
	100	Free	1:01.59	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
	200	Free	2:17.82	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
	400	Free	4:55.81	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
	800	Free	10:25.92	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013	
	1000	Free	14:38.00	23-Nov-12	ODST	Dawn Hildebrand at Distance Dare	
	1500	Free	21:53.00	23-Nov-12	ODST	Dawn Hildebrand at Distance Dare	
	25	Back	20.86	15-Nov-08	ODST	Marsha A. Haynes at ODST Perky Turkey Tumble Swim Meet	
	50	Back	39.70	27-Jan-07	ODST	Rebecca Nimrichter at Time Trial	
	100	Back	1:28.32	15-Sep-13	ODST	Julie Weidner at JSS Urasoe	
	200	Back	3:04.80	22-Nov-13	ODST	Julie Weidner at Tigersharks Invitational Swim Meet 2013	
	25	Breast	15.93	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet	

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

30-39	50 Breast	36.85	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet
	100 Breast	1:19.44	10-Feb-07	ODST	Julia M. Lockhart at Tokyo New Year's Masters Meet
	200 Breast	3:21.08	7-Dec-13	ODST	Dawn Hildebrand at Season Finale Swim Meet
	25 Fly	15.15	10-Feb-07	ODST	Rebecca Nimrichter at Tokyo New Year's Masters Meet
	50 Fly	31.74	22-Sep-13	ODST	Dawn Hildebrand at JMSF Onoyama Meet
	100 Fly	1:12.45	22-Nov-13	ODST	Dawn Hildebrand at Tigersharks Invitational Swim Meet 2013
	200 Fly	3:26.51	2-Nov-13	ODST	Julie Weidner at Fall Flounder
	25 IM	35.80	20-Dec-03	ODST	Mitzi Carlin at Fall Finale
	100 IM	1:16.77	2-Nov-13	ODST	Dawn Hildebrand at Fall Flounder
	200 IM	2:49.73	6-Jul-13	ODST	Dawn Hildebrand at ODST Summer Sizzler Swim Meet
	400 IM	6:02.38	7-Dec-13	ODST	Dawn Hildebrand at Season Finale Swim Meet
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	200 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	400 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	800 Free Relay	1:30:00.00	1-Jan-04	ODST	You Could Be Here!
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	200 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
35-39	25 Free	14.02	10-Feb-07	ODST	Rebecca Nimrichter at Tokyo New Year's Masters Meet
	50 Free	30.62	10-Feb-07	ODST	Rebecca Nimrichter at Tokyo New Year's Masters Meet
	100 Free	1:16.58	9-Dec-06	ODST	Rebecca Nimrichter at Fall Finale Swim Meet
	200 Free	2:39.74	10-Feb-07	ODST	Deborah C. Wyatt at Tokyo New Year's Masters Meet
	400 Free	5:37.47	22-Nov-13	ODST	Julie Weidner at Tigersharks Invitational Swim Meet 2013
	800 Free	11:43.67	15-Sep-13	ODST	Julie Weidner at JSS Urasoe
	1000 Free	15:45.00	9-Dec-11	ODST	Heather G. Eaton at Distance Dare 2011
	1500 Free	22:59.00	9-Dec-11	ODST	Heather G. Eaton at Distance Dare 2011
	25 Back	20.86	15-Nov-08	ODST	Marsha A. Haynes at ODST Perky Turkey Tumble Swim Meet
	50 Back	39.70	27-Jan-07	ODST	Rebecca Nimrichter at Time Trial
	100 Back	1:28.32	15-Sep-13	ODST	Julie Weidner at JSS Urasoe
	200 Back	3:04.80	22-Nov-13	ODST	Julie Weidner at Tigersharks Invitational Swim Meet 2013
	25 Breast	20.29	19-Sep-04	ODST	Terumi Nagai-Luebbbers at JMSF Awase
	50 Breast	45.46	19-May-13	ODST	Heather G. Eaton at Masters Urasoe
	100 Breast	1:38.82	27-Oct-12	ODST	Heather G. Eaton at ODST Meet #1
	200 Breast	6:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	15.15	10-Feb-07	ODST	Rebecca Nimrichter at Tokyo New Year's Masters Meet
	50 Fly	34.01	10-Feb-07	ODST	Rebecca Nimrichter at Tokyo New Year's Masters Meet
	100 Fly	1:24.81	10-Feb-07	ODST	Deborah C. Wyatt at Tokyo New Year's Masters Meet
	200 Fly	3:26.51	2-Nov-13	ODST	Julie Weidner at Fall Flounder
	100 IM	1:24.59	10-Feb-07	ODST	Deborah C. Wyatt at Tokyo New Year's Masters Meet
	200 IM	3:09.76	20-Nov-13	ODST	Julie Weidner TAS Invitational 2013
	400 IM	6:56.37	20-Jul-13	ODST	Julie Weidner at ODST Summer Finale
40-44	25 Free	18.39	4-Nov-06	ODST	Terumi Nagai-Luebbbers at JSS Kansai and ODST Masters Friendship Meet
	50 Free	31.78	6-Jul-13	ODST	Eva M. Schellenbach at ODST Summer Sizzler Swim Meet
	100 Free	1:10.86	23-Nov-02	ODST	Martha Stanton at Fall Flounder
	200 Free	2:29.92	20-Jan-02	ODST	Martha Stanton at 2002 New Year Masters Meet
	400 Free	5:14.53	19-May-13	ODST	Eva M. Schellenbach at Masters Urasoe
	800 Free	11:23.78	21-Nov-14	ODST	Julie Weidner at Tigersharks Invitational Swim Meet
	1000 Free	15:20.00	23-Nov-12	ODST	Eva M. Schellenbach at Distance Dare
	1500 Free	23:07.00	23-Nov-12	ODST	Eva M. Schellenbach at Distance Dare
	25 Back	17.89	19-May-02	ODST	Martha Stanton at JMSF Urasoe SC

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

40-44	50 Back	36.73	19-May-02	ODST	Martha Stanton at JMSF Urasoe SC
	100 Back	1:24.26	29-Oct-00	ODST	Martha Stanton at Fall Flounder 2000
	200 Back	2:53.30	20-Jan-02	ODST	Martha Stanton at 2002 New Year Masters Meet
	25 Breast	23.92	12-Jul-14	ODST	Julie Weidner at ODST Summer Meet #2
	50 Breast	42.70	20-Jul-13	ODST	Eva M. Schellenbach at ODST Summer Finale Swim Meet
	100 Breast	1:32.65	6-Jul-13	ODST	Eva M. Schellenbach at ODST Summer Sizzler Swim Meet
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Fly	33.94	19-May-13	ODST	Eva M. Schellenbach at Masters Urasoe
	100 Fly	1:18.66	20-Jul-13	ODST	Eva M. Schellenbach at ODST Summer Finale Swim Meet
	200 Fly	3:28.80	15-Nov-14	ODST	Julie Weidner at ODST Fall Meet #2 - The Fall Flounder
	100 IM	1:20.79	20-Jul-13	ODST	Eva M. Schellenbach at ODST Summer Finale Swim Meet
	200 IM	3:03.60	21-Jul-12	ODST	Eva M. Schellenbach at ODST Summer Meet #3
	400 IM	6:35.40	7-Nov-15	ODST	Julie Weidner at Fall Meet #2
40-49	25 Free	13.84	17-May-15	ODST	Eva M. Schellenbach at JMF Masters Urasoe
	50 Free	29.29	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	100 Free	1:06.13	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	200 Free	2:23.34	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	400 Free	5:03.48	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	800 Free	10:35.90	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	1000 Free	15:20.00	23-Nov-12	ODST	Eva Schellenbach at Distance Dare
	1500 Free	20:31.00	27-Nov-15	ODST	Eva M. Schellenbach at Distance Dare
	25 Back	17.89	19-May-02	ODST	Martha Stanton at JMSF Urasoe SC
	50 Back	36.64	21-Sep-14	ODST	Eva M. Schellenbach at JMF Onoyama
	100 Back	1:17.21	25-Jan-03	ODST	Martha Stanton at Tokyo New Year's Meet
	200 Back	2:48.43	25-Jan-03	ODST	Martha Stanton at Tokyo New Year's Meet
	25 Breast	23.92	12-Jul-14	ODST	Julie Weidner at ODST Summer Meet #2
	50 Breast	39.69	21-Sep-14	ODST	Eva M. Schellenbach at JMF Onoyama
	100 Breast	1:29.03	16-Nov-13	ODST	Eva Schellenbach at Turkey Tumble Swim Meet
	200 Breast	4:04.46	13-Jul-19	ODST	Julie C. Weidner at Summer Splash
	25 Fly	20.72	6-Sep-98	ODST	Jeanie M. Libutti at MASTERS 9/98
	50 Fly	32.54	22-Sep-13	ODST	Eva Schellenbach at JMSF Onoyama Meet
	100 Fly	1:13.08	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	200 Fly	3:28.80	15-Nov-14	ODST	Julie Weidner at ODST Fall Meet #2
	25 IM	23.10	13-Jul-19	ODST	Julie C. Weidner at Summer Splash
	100 IM	1:15.52	18-May-14	ODST	Eva M. Schellenbach at JMF Masters Urasoe
	200 IM	2:44.38	22-Nov-13	ODST	Eva Schellenbach at Tigersharks Invitational Swim Meet 2013
	400 IM	6:07.26	21-Nov-14	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	200 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	400 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	200 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
45-49	50 Free	29.29	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	100 Free	1:06.13	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	200 Free	2:23.34	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	400 Free	5:03.48	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	800 Free	10:35.90	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	1000 Free	21:16.00	9-Dec-11	ODST	Jill Kleinheinz at Distance Dare 2011

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

45-49	1500 Free	22:00.00	28-Nov-14	ODST	Eva M. Schellenbach at Distance Dare
	25 Back	22.91	21-Nov-98	ODST	Jeanie M. Libutti at ODST Pentathlon '98
	50 Back	36.64	21-Sep-14	ODST	Eva M. Schellenbach at JMF Onoyama
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Back	2:48.43	25-Jan-03	ODST	Martha Stanton at Tokyo New Year's Meet
	25 Breast	1:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Breast	39.69	21-Sep-14	ODST	Eva M. Schellenbach at JMF Onoyama
	100 Breast	1:29.03	16-Nov-13	ODST	Eva M. Schellenbach at Turkey Tumble Swim Meet
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	20.72	6-Sep-98	ODST	Jeanie M. Libutti at MASTERS 9/98
	50 Fly	32.54	22-Sep-13	ODST	Eva M. Schellenbach at JMSF Onoyama Meet
	100 Fly	1:13.08	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	1:15.52	18-May-14	ODST	Eva M. Schellenbach at JMF Masters Urasoe
	200 IM	2:44.38	22-Nov-13	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet 2013
	400 IM	6:07.26	21-Nov-14	ODST	Eva M. Schellenbach at Tigersharks Invitational Swim Meet
50-54	25 Free	15.99	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	50 Free	31.90	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	100 Free	1:06.24	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	200 Free	2:28.03	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	400 Free	8:58.00	25-Nov-16	ODST	Alice Tasaki at Distance Dare
	800 Free	51.00	23-Nov-12	ODST	Martha Stanton at Distance Dare
	1000 Free	19:07.00	23-Nov-12	ODST	Martha Stanton at Distance Dare
	1500 Free	28:04.00	23-Nov-12	ODST	Martha Stanton at Distance Dare
	25 Back	19.72	20-May-12	ODST	Martha Stanton at Okinawa Masters Swim Meet
	50 Back	36.39	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	100 Back	1:17.05	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	200 Back	2:51.14	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	25 Breast	24.20	31-Oct-09	ODST	Martha Stanton at 2009 Spooky Splash Swim Meet
	50 Breast	52.03	14-Nov-09	ODST	Martha Stanton at Fall Flounder Swim Meet
	100 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	17.40	31-Oct-09	ODST	Martha Stanton at 2009 Spooky Splash Swim Meet
	50 Fly	39.80	31-Oct-09	ODST	Martha Stanton at 2009 Spooky Splash Swim Meet
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	1:32.01	14-Nov-09	ODST	Martha Stanton at Fall Flounder Swim Meet
	200 IM	3:18.79	12-Dec-09	ODST	Martha Stanton at Fall Finale Swim Meet
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
50-59	25 Free	15.99	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	50 Free	31.90	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	100 Free	1:06.24	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	200 Free	2:28.03	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	400 Free	5:52.86	12-Dec-09	ODST	Martha Stanton at Fall Finale Swim Meet
	800 Free	15:00.00	23-Nov-12	ODST	Martha Stanton at Distance Dare
	1000 Free	19:07.00	23-Nov-12	ODST	Martha Stanton at Distance Dare
	1500 Free	28:04.00	23-Nov-12	ODST	Martha Stanton at Distance Dare
	25 Back	18.10	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	50 Back	36.39	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	100 Back	1:17.05	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet
	200 Back	2:51.14	10-Feb-07	ODST	Martha Stanton at Tokyo New Year's Masters Meet

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

50-59	25 Breast	24.20	31-Oct-09	ODST	Martha Stanton at 2009 Spooky Splash Swim Meet
	50 Breast	52.03	14-Nov-09	ODST	Martha Stanton at Fall Flounder Swim Meet
	100 Breast	10:10.10	1-Jan-01	ODST	x
	200 Breast	10:10.10	1-Jan-01		x
	25 Fly	17.40	31-Oct-09	ODST	Martha Stanton at 2009 Spooky Splash Swim Meet
	50 Fly	39.80	31-Oct-09	ODST	Martha Stanton at 2009 Spooky Splash Swim Meet
	100 Fly	10:10.10	1-Jan-01		x
	200 Fly	10:10.10	1-Jan-01		x
	25 IM	20:20.20	1-Jan-01		x
	100 IM	1:32.01	14-Nov-09	ODST	Martha Stanton at Fall Flounder Swim Meet
	200 IM	3:18.79	12-Dec-09	ODST	Martha Stanton at Fall Finale Swim Meet
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	55-59	25 Free	60:00.00	1-Jan-01	ODST
50 Free		1:18.34	17-Jul-01	ODST	Ayako Wood at 2001 Summer Sizzler
100 Free		2:49.87	17-Jul-01	ODST	Ayako Wood at 2001 Summer Sizzler
200 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!
400 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!
800 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!
1000 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!
1500 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!
25 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!
50 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!
100 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!
200 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!
25 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!
50 Breast		1:30.13	17-Jul-01	ODST	Ayako Wood at 2001 Summer Sizzler
100 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!
200 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!
25 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!
50 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!
100 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!
200 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!
100 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!
200 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!
400 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!
60-64	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Free	39.88	12-Aug-17	ODST	Martha Stanton at Summer Season Meet #2
	100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Free	3:52.50	13-Jul-19	ODST	Martha Stanton at Summer Splash
	400 Free	7:17.03	15-Dec-18	ODST	Martha Stanton at Late Fall Meet #2 December Dip
	800 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1500 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Back	1:50.73	20-Sep-19	ODST	Martha Stanton at September Sploosh Swim Meet
	200 Back	3:52.50	13-Jul-19	ODST	Martha Stanton at Summer Splash
	25 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

60-64	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Fly	45.32	12-Aug-17	ODST	Martha Stanton at Summer Season Meet #2	
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
60-69	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	400 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	800 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1500 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	65-69	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
		50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
		100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
200 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
400 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
800 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
1000 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
1500 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	

**MCCA Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

65-69	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
70 & O	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	800 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1500 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

SC Meters-Male

8 & U	25 Free	17.34	8-Mar-08	ODST	Eryton L. Tate at St. Mary's Tokyo Invite Championship	
	50 Free	37.27	8-Mar-08	ODST	Eryton L. Tate at St. Mary's Tokyo Invite Championship	
	100 Free	1:18.01	8-Mar-08	ODST	Eryton L. Tate at St. Mary's Tokyo Invite Championship	
	200 Free	3:40.73	12-Jul-14	ODST	Thomas M. Stofka at ODST Summer Meet #2	
	400 Free	8:08.58	29-Jun-13	ODST	Noah Weidner at ODST Summer Starter	
	800 Free	16:56.00	27-Nov-15	ODST	Tobin Kaiser at Distance Dare	
	1000 Free	25:52.00	1-Jan-01	ODST	Wright, G	
	1500 Free	33:01.00	27-Nov-15	ODST	Tobin Kaiser at Distance Dare	
	25 Back	21.21	15-Mar-14	ODST	Thomas M. Stofka at March 2014 Age Group Championship Swim Meet	
	50 Back	46.54	8-Mar-08	ODST	Eryton L. Tate at St. Mary's Tokyo Invite Championship	
	100 Back	1:35.10	3-Nov-17	ODST	Asher Romnek at Tigersharks Invitational Swim Meet 2017	
	200 Back	4:06.76	6-Jul-13	ODST	Noah Weidner at ODST Summer Sizzler Swim Meet	
	25 Breast	24.26	10-Mar-12	ODST	JT Semple at March 2012 Winter Age Group Champs	
	50 Breast	49.49	3-Nov-17	ODST	Asher Romnek at Tigersharks Invitational Swim Meet 2017	
	100 Breast	2:07.92	21-Oct-16	ODST	Asher Romnek at ES Swim Meet	
	200 Breast	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	25 Fly	21.13	8-Mar-08	ODST	Eryton L. Tate at St. Mary's Tokyo Invite Championship	
	50 Fly	47.15	8-Mar-08	ODST	Eryton L. Tate at St. Mary's Tokyo Invite Championship	
	100 Fly	2:08.53	19-Jul-14	ODST	Thomas M. Stofka at ODST Summer Meet #3	
	200 Fly	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	25 IM	24.57	22-Jun-10	ODST	Colby Zaleski at ODST Meet Foster 50m, 25m Course	
	100 IM	1:38.50	3-Nov-17	ODST	Asher Romnek at Tigersharks Invitational Swim Meet 2017	
	200 IM	3:31.74	3-Nov-17	ODST	Asher Romnek at Tigersharks Invitational Swim Meet 2017	
	400 IM	1:40:39.99	1-Jan-95	ODST	You Could Be Here!	
	100 Free Relay	1:12.15	13-Mar-10	ODST	Okinawa Dolphins Swim Team J. RECKLING, S. Campbell, C. Tillapaugh	
	200 Free Relay	59:59.59	1-Jan-01		Okinawa Dolphins Swim Team	
	400 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:26.10	10-Mar-06	ODST	Okinawa Dolphins Swim Team J. RECKLING, S. Campbell, C. Tillapaugh, S.	
	200 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	9-10	50 Free	31.00	13-Oct-10	ODST	John T. Carlin at Time Trial
		100 Free	1:10.45	13-Mar-10	ODST	John T. Carlin at March 2010 Age Group Championship Swim Meet
		200 Free	2:40.06	29-Oct-09	ODST	John T. Carlin at Time Trial
400 Free		6:20.92	24-Oct-15	ODST	Thomas M. Stofka at Fall Meet #1	
800 Free		13:54.00	27-Nov-15	ODST	Jaxzyn Evans at Distance Dare	
1000 Free		19:19.00	1-Jan-01	ODST	Steven Harvell	
1500 Free		26:40.00	27-Nov-15	ODST	Jaxzyn Evans at Distance Dare	
50 Back		38.29	13-Mar-10	ODST	John T. Carlin at March 2010 Age Group Championship Swim Meet	
100 Back		1:24.60	12-Mar-16	ODST	Thomas M. Stofka at March 2016 Age Group Championship Swim Meet	
200 Back		3:08.72	17-Dec-16	ODST	Patrick K. Duenas at Holiday Hurrah Swim meet	
50 Breast		42.99	14-Oct-07	ODST	Tommy Ervin at JSF Awase	
100 Breast		1:34.59	9-Sep-07	ODST	Tommy Ervin at JSS Urasoe	
200 Breast		4:02.24	7-Feb-03	ODST	CONNOR CACKOVIC at Fall Finale	
50 Fly		35.50	24-Jan-10	ODST	John T. Carlin at JSF Awase	
100 Fly		1:23.83	6-Jul-10	ODST	John T. Carlin at ODST Meet Foster 50m, 25m Course	
200 Fly		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
25 IM		21.99	31-Oct-09	ODST	John T. Carlin at 2009 Spooky Splash Swim Meet	
100 IM		1:22.09	13-Mar-10	ODST	John T. Carlin at March 2010 Age Group Championship Swim Meet	

MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team

RECORDS Short Course Meters

9-10	200 IM	3:04.21	17-Nov-07	ODST	Tommy Ervin at Perky Turkey Tumble Swim Meet	
	400 IM	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Free Relay	1:12.15	10-Mar-01	ODST	Okinawa Dolphins Swim Team J. RECKLING, S. Campbell, C. Tillapaugh	
	200 Free Relay	2:24.06	13-Mar-10	ODST	Okinawa Dolphins Swim Team J. Carlin, E. Tate, C. Vietas, M. Quispe	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:26.10	10-Mar-01	ODST	Okinawa Dolphins Swim Team J. RECKLING, S. Campbell, C. Tillapaugh	
	200 Medley Relay	2:47.35	13-Mar-10	ODST	Okinawa Dolphins Swim Team E. Tate, M. Quispe, J. Carlin, C. Vietas	
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
11-12	50 Free	27.22	21-Nov-09	ODST	Tommy Ervin at 2009 Citi Invitational	
	100 Free	59.23	21-Nov-09	ODST	Tommy Ervin at 2009 Citi Invitational	
	200 Free	2:14.03	21-Nov-09	ODST	Tommy Ervin at 2009 Citi Invitational	
	400 Free	5:05.43	14-Nov-09	ODST	Tommy Ervin at Fall Flounder Swim Meet	
	800 Free	12:25.00	27-Nov-15	ODST	Sander Marty at Distance Dare	
	1000 Free	16:11.00	25-Nov-16	ODST	Derek Long at Distance Dare	
	1500 Free	23:30.00	25-Nov-16	ODST	Derek Long at Distance Dare	
	50 Back	32.30	15-Mar-14	ODST	Edward J. Finman at March 2014 Age Group Championship Swim Meet	
	100 Back	1:13.26	13-Mar-10	ODST	Steffen P. Mount at March 2010 Age Group Championship Swim Meet	
	200 Back	2:45.78	22-Nov-08	ODST	Tristan Bunch at 2008 TAS Invitational	
	50 Breast	36.18	11-Mar-06	ODST	Calvin Hensley at ASCJ Winter 2006 Junior Olympics Swim Meet	
	100 Breast	1:18.37	21-Nov-09	ODST	Tommy Ervin at 2009 Citi Invitational	
	200 Breast	2:52.34	21-Nov-09	ODST	Tommy Ervin at 2009 Citi Invitational	
	50 Fly	30.84	13-Mar-10	ODST	Steffen P. Mount at March 2010 Age Group Championship Swim Meet	
	100 Fly	1:09.27	21-Nov-09	ODST	Tommy Ervin at 2009 Citi Invitational	
	200 Fly	3:05.79	7-Dec-13	ODST	Edward Finman at Season Finale Swim Meet	
	25 IM	19.24	23-Nov-02	ODST	Patrick W. Smith at Fall Flounder	
	100 IM	1:11.98	15-Mar-14	ODST	Edward J. Finman at March 2014 Age Group Championship Swim Meet	
	200 IM	2:35.56	15-Mar-14	ODST	Edward J. Finman at March 2014 Age Group Championship Swim Meet	
	400 IM	5:59.14	7-Jul-09	ODST	Tommy Ervin at Summer Sizzler Swim Meet	
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Free Relay	2:07.04	12-Mar-05	ODST	Okinawa Dolphins Swim Team C. CACKOVIC, S. Cole-Fletcher, K. Wood, B	
	400 Free Relay	5:23.86	1-Jan-02	ODST	2002	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Medley Relay	2:23.78	1-Jan-02	ODST	Okinawa Dolphins Swim Team C. Tillapaugh, S. Campbell, R. Erickson, J. W	
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	13-14	50 Free	26.77	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet
		100 Free	58.90	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet
		200 Free	2:10.97	14-Mar-15	ODST	Josh Choi at Tokyo Winter Championships Swim Meet
		400 Free	4:40.34	14-Mar-15	ODST	Josh Choi at Tokyo Winter Championships Swim Meet
		800 Free	10:52.08	22-Nov-08	ODST	Joseph W. Wartella at 2008 TAS Invitational
1000 Free		14:38.00	23-Nov-12	ODST	Ryan W. Armes at Distance Dare	
1500 Free		20:56.00	27-Jan-18	ODST	Sander Marty at Distance Dare 5km Swim	
50 Back		31.89	9-Mar-13	ODST	Jared Dyer at March 2013 Age Group Champs Swim Meet	
100 Back		1:08.03	9-Mar-13	ODST	Jared Dyer at March 2013 Age Group Champs Swim Meet	
200 Back		2:41.65	10-Mar-12	ODST	Jared Dyer at March 2012 Winter Age Group Champs	
50 Breast		35.15	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet	
100 Breast		1:14.83	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet	
200 Breast		2:41.48	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet	
50 Fly		29.40	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet	
100 Fly		1:05.81	13-Mar-10	ODST	Tommy Ervin at March 2010 Age Group Championship Swim Meet	

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

13-14	200 Fly	2:29.67	14-Mar-15	ODST	Edward J. Finman at Tokyo Winter Championships Swim Meet	
	25 IM	20.85	13-Jul-19	ODST	Ben Broskovetz at Summer Splash	
	100 IM	1:11.67	21-Nov-14	ODST	Oliver Carson at Tigersharks Invitational Swim Meet	
	200 IM	2:29.82	14-Mar-15	ODST	Josh Choi at Tokyo Winter Championships Swim Meet	
	400 IM	5:26.66	14-Mar-15	ODST	Oliver Carson at Tokyo Winter Championships Swim Meet	
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Free Relay	2:06.65	20-Nov-15	ODST	Okinawa Dolphins Swim Team Z. Kaiser, D. Fecteau, L. Fecteau, C. Cronbaug	
	400 Free Relay	4:12.63	15-Mar-15	ODST	Okinawa Dolphins Swim Team J. Choi, E. Finman, O. Carson, D. Galbraith	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Medley Relay	2:12.19	14-Mar-15	ODST	Okinawa Dolphins Swim Team E. Finman, J. Choi, O. Carson, D. Fecteau	
	400 Medley Relay	5:10.70	14-Sep-14	ODST	Okinawa Dolphins Swim Team E. Finman, J. Choi, O. Carson, K. Kaiser	
	15-18	50 Free	25.46	4-Nov-16	ODST	Jaedon M. Evans at Tigersharks Invitational Swim Meet 2016
100 Free		55.27	4-Nov-16	ODST	Jaedon M. Evans at Tigersharks Invitational Swim Meet 2016	
200 Free		1:59.76	4-Nov-16	ODST	Jaedon M. Evans at Tigersharks Invitational Swim Meet 2016	
400 Free		4:19.06	4-Nov-16	ODST	Jaedon M. Evans at Tigersharks Invitational Swim Meet 2016	
800 Free		9:35.30	3-Feb-13	ODST	John Armellino at JSF Awase	
1000 Free		12:13.00	23-Nov-12	ODST	John Armellino at Distance Dare	
1500 Free		18:11.28	3-Feb-13	ODST	John Armellino at JSF Awase	
50 Back		31.15	4-Nov-16	ODST	Jaedon M. Evans at Tigersharks Invitational Swim Meet 2016	
100 Back		1:04.89	1-Jan-99	ODST	Upayokin, J	
200 Back		2:28.30	10-Jul-21	ODST	Joachim Killian at Summer Splash Swim Meet	
50 Breast		33.10	4-Nov-16	ODST	Jaedon M. Evans at Tigersharks Invitational Swim Meet 2016	
100 Breast		1:09.90	1-Jan-00	ODST	Grubbs, G	
200 Breast		2:34.26	1-Jan-99	ODST	Grubbs, G	
50 Fly		27.54	10-Mar-07	ODST	Charles Lane at ASCJ Tokyo JO Meet	
100 Fly		1:01.68	10-Mar-07	ODST	Charles Lane at ASCJ Tokyo JO Meet	
200 Fly		2:29.27	7-Mar-09	ODST	Connor Lennard at Tokyo International Championships	
25 IM		18.72	13-Jul-19	ODST	Noah K. Weidner at Summer Splash	
100 IM		1:07.26	29-Apr-17	ODST	Jaedon M. Evans at ODST Spring Fling	
200 IM		2:21.94	1-Jan-99	ODST	Upayokin, J	
400 IM		5:11.39	7-Mar-09	ODST	Connor Lennard at Tokyo International Championships	
100 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200 Free Relay		1:54.40	21-Feb-15	KAD	Kadena E. Finman, J. Evans, Z. Evans, J. Choi	
400 Free Relay		4:07.32	10-Mar-13	ODST	Okinawa Dolphins Swim Team J. Armellino, J. McFarland, L. Crecelius, J. Ha	
800 Free Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
100 Medley Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200 Medley Relay		2:05.56	9-Mar-13	ODST	Okinawa Dolphins Swim Team J. Armellino, S. Guyton, J. McFarland, L. Crec	
400 Medley Relay		1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
19-24		25 Free	13.40	26-Jun-01	ODST	Craig Liquori at 2001 Spring Splash
		50 Free	26.33	14-Nov-09	ODST	David J. Saroka at Fall Flounder Swim Meet
		100 Free	57.20	25-Jan-09	ODST	Jimmy Shea at JSF Awase Preliminary for JOC Cup Meet
		200 Free	2:12.82	30-Jun-12	ODST	Cole A. Kimble at ODST Summer Meet #1
		400 Free	4:46.59	7-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #2
		800 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1500 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Back	17.61	27-Feb-21	ZOTH	Nino Magbanua at ODST Swim Meet	
	50 Back	33.42	30-Oct-01	ODST	Tommy L. Schram at Pumpkin Plunge	
	100 Back	1:12.78	6-Dec-08	ODST	Jimmy Shea at ODST Holiday Hurrah Swim Meet	

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

19-24	200 Back	2:58.89	6-Jul-10	ODST	Michael A. Skarzynske at ODST Meet Foster 50m, 25m Course
	25 Breast	18.29	26-Jun-01	ODST	Craig Liquori at 2001 Spring Splash
	50 Breast	37.53	30-Oct-01	ODST	Jason MORRIS at Pumpkin Plunge
	100 Breast	1:25.13	7-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #2
	200 Breast	3:01.89	21-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #3
	25 Fly	14.56	26-Jun-01	ODST	Craig Liquori at 2001 Spring Splash
	50 Fly	27.79	25-Jan-09	ODST	Jimmy Shea at JSF Awase Preliminary for JOC Cup Meet
	100 Fly	1:08.21	30-Jun-12	ODST	Cole A. Kimble at ODST Summer Meet #1
	200 Fly	2:35.01	7-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #2
	100 IM	1:06.72	15-Nov-08	ODST	Jimmy Shea at ODST Perky Turkey Tumble Swim Meet
	200 IM	2:24.19	25-Jan-09	ODST	Jimmy Shea at JSF Awase Preliminary for JOC Cup Meet
	400 IM	5:23.80	21-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #3
19-29	25 Free	11.79	19-Sep-04	ODST	Michael Grados at JMSF Awase
	50 Free	26.33	14-Nov-09	ODST	David J. Saroka at Fall Flounder Swim Meet
	100 Free	57.20	25-Jan-09	ODST	Jimmy Shea at JSF Awase Preliminary for JOC Cup Meet
	200 Free	2:12.82	30-Jun-12	ODST	Cole A. Kimble at ODST Summer Meet #1
	400 Free	4:46.59	7-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #2
	800 Free	11:50.00	27-Nov-15	ODST	Paul K. Honnold at Distance Dare
	1000 Free	18:03.00	9-Dec-11	ODST	Mike Guare at Distance Dare 2011
	1500 Free	22:23.00	27-Nov-15	ODST	Paul K. Honnold at Distance Dare
	25 Back	16.97	1-Jan-01	ODST	Schramm, T
	50 Back	33.42	1-Jan-01	ODST	Schramm, T
	100 Back	1:09.90	20-Jul-13	ODST	Chris Knaute at ODST Summer Finale Swim Meet
	200 Back	2:58.89	6-Jul-10	ODST	Michael A. Skarzynske at ODST Meet Foster 50m, 25m Course
	25 Breast	18.29	1-Jan-01	ODST	Liquori, C
	50 Breast	37.53	30-Oct-01	ODST	Jason MORRIS at Pumpkin Plunge
	100 Breast	1:15.47	1-Jan-95	ODST	STEVEN FEDOR at BEST TIMES
	200 Breast	3:01.89	21-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #3
	25 Fly	12.99	19-Sep-04	ODST	Michael Grados at JMSF Awase
	50 Fly	27.20	19-Sep-04	ODST	Michael Grados at JMSF Awase
	100 Fly	1:07.00	31-Jan-10	ODST	Justin L. Hauffe at Estimated Splits & Test Set
	200 Fly	2:35.01	7-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #2
	25 IM	21.41	21-Jul-09	ODST	Michael A. Skarzynske at Summer Finale Swim Meet
	100 IM	1:05.33	19-Sep-04	ODST	Michael Grados at JMSF Awase
	200 IM	2:24.19	25-Jan-09	ODST	Jimmy Shea at JSF Awase Preliminary for JOC Cup Meet
	400 IM	5:23.80	21-Jul-12	ODST	Cole A. Kimble at ODST Summer Meet #3
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	200 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	400 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	200 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!
	25-25	200 Back	60:00.00	1-Jan-01	ODST
25 Free		1:00.00	1-Jan-01	ODST	You Could Be Here!
25-29	50 Free	26.69	16-Apr-00	ODST	Mark Ackerman at JMSF - Ryuku Spring Champs
	100 Free	1:03.25	21-Jul-12	ODST	Jeff A. Thompson at ODST Summer Meet #3
	200 Free	2:23.69	30-Jun-12	ODST	Jeff A. Thompson at ODST Summer Meet #1
	400 Free	5:02.76	21-Jul-12	ODST	Jeff A. Thompson at ODST Summer Meet #3
	800 Free	14:14.00	9-Dec-11	ODST	Mike Guare at Distance Dare 2011
	1000 Free	18:03.00	9-Dec-11	ODST	Mike Guare at Distance Dare 2011

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

25-29	1500 Free	27:34.00	9-Dec-11	ODST	Mike Guare at Distance Dare 2011	
	25 Back	16.99	19-Sep-04	ODST	Michael Grados at JMSF Awase	
	50 Back	33.64	20-Jul-13	ODST	Chris Knaute at ODST Summer Finale Swim Meet	
	100 Back	1:09.90	20-Jul-13	ODST	Chris Knaute at ODST Summer Finale Swim Meet	
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Breast	19.99	19-Sep-04	ODST	Michael Grados at JMSF Awase	
	50 Breast	38.10	2-Feb-03	ODST	Matt J. Kent at JASF Awase	
	100 Breast	1:49.81	29-Oct-00	ODST	James Breslin at Fall Flounder 2000	
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Fly	12.99	19-Sep-04	ODST	Michael Grados at JMSF Awase	
	50 Fly	27.20	19-Sep-04	ODST	Michael Grados at JMSF Awase	
	100 Fly	1:21.86	30-Jun-12	ODST	Zach Hoeh at ODST Summer Meet #1	
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 IM	1:05.33	19-Sep-04	ODST	Michael Grados at JMSF Awase	
	200 IM	2:49.17	21-Jul-12	ODST	Jeff A. Thompson at ODST Summer Meet #3	
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	30-34	25 Free	12.29	19-Sep-04	ODST	John Bryant at JMSF Awase
		50 Free	26.24	27-Nov-04	ODST	John Bryant at Fall Flounder
		100 Free	57.38	30-Oct-04	ODST	John Bryant at Pumpkin Plunge
200 Free		2:17.00	2-Feb-03	ODST	Richard DeYoung at JASF Awase	
400 Free		4:46.37	11-Dec-04	ODST	John Bryant at Fall Finale	
800 Free		13:06.00	8-Nov-10	ODST	Michael S. Oey at Time Trials	
1000 Free		18:58.00	9-Dec-11	ODST	Ivan Lawing at Distance Dare 2011	
1500 Free		29:17.00	9-Dec-11	ODST	Ivan Lawing at Distance Dare 2011	
25 Back		14.39	19-Sep-04	ODST	John Bryant at JMSF Awase	
50 Back		31.28	30-Oct-04	ODST	John Bryant at Pumpkin Plunge	
100 Back		1:10.50	27-Nov-04	ODST	John Bryant at Fall Flounder	
200 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Breast		19.99	19-Sep-04	ODST	John Bryant at JMSF Awase	
50 Breast		37.46	10-Dec-11	ODST	Ryan E. Hatfield at December Dip 2011	
100 Breast		1:19.35	10-Dec-11	ODST	Ryan E. Hatfield at December Dip 2011	
200 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Fly		13.99	19-Sep-04	ODST	John Bryant at JMSF Awase	
50 Fly		28.40	2-Feb-03	ODST	Richard DeYoung at JASF Awase	
100 Fly		1:06.46	27-Nov-04	ODST	John Bryant at Fall Flounder	
200 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 IM		1:06.01	19-Sep-04	ODST	John Bryant at JMSF Awase	
200 IM		2:35.68	11-Dec-04	ODST	John Bryant at Fall Finale	
400 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!	
30-39		25 Free	12.29	19-Sep-04	ODST	John Bryant at JMSF Awase
		50 Free	25.99	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet
		100 Free	57.38	30-Oct-04	ODST	John Bryant at Pumpkin Plunge
		200 Free	2:17.00	2-Feb-03	ODST	Richard DeYoung at JASF Awase
	400 Free	4:46.37	11-Dec-04	ODST	John Bryant at Fall Finale	
	800 Free	12:41.00	23-Nov-12	ODST	Adam F. Leggio at Distance Dare	
	1000 Free	16:49.00	23-Nov-12	ODST	Adam F. Leggio at Distance Dare	
	1500 Free	25:11.00	23-Nov-12	ODST	Adam F. Leggio at Distance Dare	
	25 Back	14.39	19-Sep-04	ODST	John Bryant at JMSF Awase	
	50 Back	31.28	30-Oct-04	ODST	John Bryant at Pumpkin Plunge	
	100 Back	1:10.50	27-Nov-04	ODST	John Bryant at Fall Flounder	
200 Back	2:34.11	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet		

MCCA Semper Fit Aquatics
Okinawa Dolphins Swim Team

RECORDS Short Course Meters

30-39	25 Breast	19.99	19-Sep-04	ODST	John Bryant at JMSF Awase	
	50 Breast	37.04	21-Jul-09	ODST	Jason Bunch at Summer Finale Swim Meet	
	100 Breast	1:19.35	10-Dec-11	ODST	Ryan E. Hatfield at December Dip 2011	
	200 Breast	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	25 Fly	13.99	19-Sep-04	ODST	John Bryant at JMSF Awase	
	50 Fly	28.40	2-Feb-03	ODST	Richard DeYoung at JASF Awase	
	100 Fly	1:06.46	27-Nov-04	ODST	John Bryant at Fall Flounder	
	200 Fly	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	25 IM	18.28	27-Nov-04	ODST	John Bryant at Fall Flounder	
	100 IM	1:06.01	19-Sep-04	ODST	John Bryant at JMSF Awase	
	200 IM	2:34.22	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet	
	400 IM	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	400 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	800 Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	100 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	200 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	400 Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
	35-39	25 Free	13.07	29-Oct-00	ODST	Greg Napoli at Fall Flounder 2000
50 Free		25.99	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet	
100 Free		58.50	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet	
200 Free		2:25.14	17-Nov-07	ODST	Travis L. Butts at Perky Turkey Tumble Swim Meet	
400 Free		5:17.75	25-Nov-03	ODST	Steve Hazlett at Fall Flounder	
800 Free		12:41.00	23-Nov-12	ODST	Adam F. Leggio at Distance Dare	
1000 Free		16:49.00	23-Nov-12	ODST	Adam F. Leggio at Distance Dare	
1500 Free		25:11.00	23-Nov-12	ODST	Adam F. Leggio at Distance Dare	
25 Back		1:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Back		33.33	29-Oct-02	ODST	Randy Mortenson at Pumpkin Plunge	
100 Back		2:00.88	6-Dec-08	ODST	Kenneth E. Newlon at ODST Holiday Hurrah Swim Meet	
200 Back		2:34.11	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet	
25 Breast		1:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Breast		38.58	29-Oct-02	ODST	Randy Mortenson at Pumpkin Plunge	
100 Breast		1:24.14	22-Jun-10	ODST	Jason Snyder at ODST Meet Foster 50m, 25m Course	
200 Breast		6:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Fly		15.58	4-Nov-06	ODST	James Oberman at JSS Kansai and ODST Masters Friendship Meet	
50 Fly		28.90	31-Oct-09	ODST	Jeremy Mount at 2009 Spooky Splash Swim Meet	
100 Fly		6:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Fly		6:00.00	1-Jan-01	ODST	You Could Be Here!	
100 IM		1:16.09	22-Jun-10	ODST	Jason Snyder at ODST Meet Foster 50m, 25m Course	
200 IM		2:34.22	25-Jan-03	ODST	Randy Mortenson at Tokyo New Year's Meet	
400 IM		6:00.00	1-Jan-01	ODST	You Could Be Here!	
40-44		25 Free	12.09	6-Sep-98	ODST	John Murray at MASTERS 9/98
		50 Free	27.15	1-Nov-14	ODST	Brian Hutcherson at ODST Fall Meet #1
		100 Free	1:01.56	1-Nov-14	ODST	Brian Hutcherson at ODST Fall Meet #1
		200 Free	2:17.51	20-Jan-02	ODST	Colin Chinn at 2002 New Year Masters Meet
		400 Free	4:55.56	19-May-02	ODST	Colin Chinn at JMSF Urasoe SC
		800 Free	11:50.00	23-Nov-12	ODST	Paul A. Smith at Distance Dare
		1000 Free	14:54.00	23-Nov-12	ODST	Paul A. Smith at Distance Dare
	1500 Free	22:01.00	23-Nov-12	ODST	Paul A. Smith at Distance Dare	

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

40-44	25	Back	15.89	6-Sep-98	ODST	John Murray at MASTERS 9/98	
	50	Back	34.31	21-Nov-98	ODST	John Murray at ODST Pentathlon '98	
	100	Back	1:25.78	20-Nov-99	ODST	Colin Chinn at 1999 Fall Distance	
	200	Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25	Breast	16.99	6-Sep-98	ODST	Colin Chinn at MASTERS 9/98	
	50	Breast	34.42	17-Nov-07	ODST	Wesley P. Hallman at Perky Turkey Tumble Swim Meet	
	100	Breast	1:15.70	17-Nov-07	ODST	Wesley P. Hallman at Perky Turkey Tumble Swim Meet	
	200	Breast	3:25.44	22-Nov-13	ODST	Robert Blake at Tigersharks Invitational Swim Meet 2013	
	25	Fly	13.80	6-Sep-98	ODST	John Murray at MASTERS 9/98	
	50	Fly	30.03	6-Dec-14	ODST	Brian Hutcherson at ODST Fall Meet #3 - The December Dip	
	100	Fly	1:18.70	20-Nov-99	ODST	George Novinger at 1999 Fall Distance	
	200	Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100	IM	1:11.22	8-Dec-07	ODST	Wesley P. Hallman at Holiday Hurrah Swim Meet	
	200	IM	2:47.16	24-Oct-99	ODST	John Murray at FALL '99 Pentathlon	
	400	IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	40-49	25	Free	12.09	6-Sep-98	ODST	John Murray at MASTERS 9/98
		50	Free	26.94	20-Apr-14	ODST	Clark D. Ledger at JSS Urasoe
100		Free	1:00.16	15-Nov-14	ODST	Clark D. Ledger at Fall Flounder	
200		Free	2:14.40	6-Dec-14	ODST	Clark Ledger at December Dip	
400		Free	4:55.56	19-May-02	ODST	Colin Chinn at JMSF Urasoe SC	
800		Free	10:20.00	28-Nov-14	ODST	Clark D. Ledger at Distance Dare	
1000		Free	14:19.00	1-Jan-00	ODST	Colin Chinn	
1500		Free	22:01.00	23-Nov-12	ODST	Paul A. Smith at Distance Dare	
25		Back	15.89	1-Jan-98	ODST	John Murray	
50		Back	34.20	27-Oct-12	ODST	David Ingebretsen at ODST Meet #1	
100		Back	1:17.22	14-Nov-20	ODST	Terry Vogler at November Nautique Swim Meet	
200		Back	2:49.78	27-Feb-21	ODST	Terry Vogler at ODST Swim Meet	
25		Breast	16.98	28-Jun-14	ODST	Clark D. Ledger at ODST Summer Meet #1	
50		Breast	34.42	17-Nov-07	ODST	Wesley P. Hallman at Perky Turkey Tumble Swim Meet	
100		Breast	1:15.70	17-Nov-07	ODST	Wesley P. Hallman at Perky Turkey Tumble Swim Meet	
200		Breast	3:08.18	27-Feb-21	ODST	Terry Vogler at ODST Swim Meet	
25		Fly	13.50	21-Sep-14	ODST	Clark D. Ledger at JMF Onoyama	
50		Fly	29.73	14-Sep-14	ODST	Clark D. Ledger at JSS	
100		Fly	1:09.45	14-Sep-14	ODST	Clark D. Ledger at JSS	
200		Fly	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
25		IM	20.26	21-Jul-09	ODST	Steven Clancy at Summer Finale Swim Meet	
100		IM	1:09.26	21-Sep-14	ODST	Clark D. Ledger at JMF Onoyama	
200		IM	2:39.90	10-Dec-11	ODST	David Ingebretsen at December Dip 2011	
400		IM	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
100		Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200		Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
400		Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
800		Free Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
100		Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
200		Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
400		Medley Relay	1:39:00.00	1-Jan-04	ODST	You Could Be Here!	
45-49		25	Free	12.55	18-May-14	ODST	Clark D. Ledger at JMF Masters Urasoe
		50	Free	26.94	20-Apr-14	ODST	Clark D. Ledger at JSS Urasoe
	100	Free	1:00.16	15-Nov-14	ODST	Clark D. Ledger at Fall Flounder	
	200	Free	2:18.09	1-Nov-14	ODST	Clark D. Ledger at ODST Meet #1	
	400	Free	5:20.00	9-Aug-14	ODST	Clark D. Ledger at DDR	

**MCCA Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

45-49	800 Free	10:20.00	28-Nov-14	ODST	Clark D. Ledger at Distance Dare	
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1500 Free	22:47.00	28-Nov-14	ODST	Clark D. Ledger at Distance Dare	
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Back	34.20	27-Oct-12	ODST	David Ingebretsen at ODST Meet #1	
	100 Back	1:17.22	14-Nov-20	ODST	Terry Vogler November Nautique	
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Breast	16.98	28-Jun-14	ODST	Clark D. Ledger at ODST Summer Meet #1	
	50 Breast	35.73	6-Dec-14	ODST	Clark D. Ledger at ODST Winter Meet #3	
	100 Breast	1:17.67	21-Nov-14	ODST	Clark D. Ledger at Tigersharks Invitational Swim Meet	
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Fly	13.50	21-Sep-14	ODST	Clark D. Ledger at JMF Onoyama	
	50 Fly	29.73	14-Sep-14	ODST	Clark D. Ledger at JSS	
	100 Fly	1:09.45	14-Sep-14	ODST	Clark D. Ledger at JSS	
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 IM	1:09.26	21-Sep-14	ODST	Clark D. Ledger at JMF Onoyama	
	200 IM	2:39.90	10-Dec-11	ODST	David Ingebretsen at December Dip 2011	
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50-54	25 Free	13.02	19-May-13	ODST	David Ingebretsen at Masters Urasoe
		50 Free	27.12	6-Dec-14	ODST	Clark D. Ledger at ODST Fall Meet #3 - The December Dip
100 Free		1:00.16	15-Nov-14	ODST	Clark D. Ledger at ODST Fall Meet #2	
200 Free		2:14.40	6-Dec-14	ODST	Clark D. Ledger at ODST Fall Meet #3 - The December Dip	
400 Free		4:58.68	27-Jun-15	ODST	Clark D. Ledger at Summer Meet #1	
800 Free		13:45.50	26-Mar-10	ODST	Mat Luebbbers III at Times	
1000 Free		17:35.00	9-Dec-11	ODST	Mat Luebbbers III at Distance Dare 2011	
1500 Free		26:37.00	9-Dec-11	ODST	Mat Luebbbers III at Distance Dare 2011	
25 Back		15.66	18-May-14	ODST	David Ingebretsen at JMF Masters Urasoe	
50 Back		33.92	6-Dec-14	ODST	David Ingebretsen at ODST Fall Meet #3 - The December Dip	
100 Back		1:19.12	28-Jun-14	ODST	David Ingebretsen at ODST Summer Meet #1	
200 Back		2:56.39	19-Jul-14	ODST	David Ingebretsen at ODST Summer Meet #3	
25 Breast		16.43	17-May-15	ODST	David Ingebretsen at JMF Masters Urasoe	
50 Breast		35.59	19-Apr-15	ODST	Clark D. Ledger at JSS Awase	
100 Breast		1:20.94	6-Dec-14	ODST	David Ingebretsen at ODST Fall Meet #3 - The December Dip	
200 Breast		3:09.34	27-Jun-15	ODST	David Ingebretsen at Summer Meet #1	
25 Fly		14.50	27-Jun-15	ODST	Clark D. Ledger at Summer Meet #1	
50 Fly		30.05	14-Jun-15	ODST	Clark D. Ledger at JSS Urasoe	
100 Fly		1:11.39	2-Nov-13	ODST	David Ingebretsen at Fall Flounder	
200 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 IM		1:11.56	17-May-15	ODST	Clark D. Ledger at JMF Masters Urasoe	
200 IM		2:43.24	20-Jul-13	ODST	David Ingebretsen at ODST Summer Finale Swim Meet	
400 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50-59		25 Free	13.02	19-May-13	ODST	David Ingebretsen at Masters Urasoe
		50 Free	27.53	21-Sep-14	ODST	David Ingebretsen at JMF Onoyama
		100 Free	1:00.16	15-Nov-14	ODST	Clark D. Ledger at ODST Fall Meet #2 - The Fall Flounder
		200 Free	2:14.40	6-Dec-14	ODST	Clark D. Ledger at ODST Fall Meet #3 - The December Dip
		400 Free	5:53.90	20-May-12	ODST	Mat Luebbbers at Okinawa Masters Swim Meet
	800 Free	13:45.50	26-Mar-10	ODST	Mat Luebbbers at Times	
	1000 Free	17:35.00	9-Dec-11	ODST	Mat Luebbbers at Distance Dare 2011	
	1500 Free	26:37.00	9-Dec-11	ODST	Mat Luebbbers at Distance Dare 2011	
	25 Back	15.66	18-May-14	ODST	David Ingebretsen at JMF Masters Urasoe	
	50 Back	34.92	12-Jul-14	ODST	David Ingebretsen at ODST Summer Meet #2	

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

50-59	100 Back	1:19.12	28-Jun-14	ODST	David Ingebretsen at ODST Summer Meet #1
	200 Back	2:56.39	19-Jul-14	ODST	David Ingebretsen at ODST Summer Meet #3
	25 Breast	16.89	18-May-14	ODST	David Ingebretsen at JMF Masters Urasoe
	50 Breast	37.85	19-Jul-14	ODST	David Ingebretsen at ODST Summer Meet #3
	100 Breast	1:24.77	28-Jun-14	ODST	David Ingebretsen at ODST Summer Meet #1
	200 Breast	3:50.59	5-Nov-11	ODST	Mat Luebbbers at Fall Flounder 2011
	25 Fly	14.72	19-May-13	ODST	David Ingebretsen at Masters Urasoe
	50 Fly	31.06	21-Sep-14	ODST	David Ingebretsen at JMF Onoyama
	100 Fly	1:11.39	2-Nov-13	ODST	David Ingebretsen at Fall Flounder
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	1:12.25	7-Dec-13	ODST	David Ingebretsen at Season Finale Swim Meet
	200 IM	2:43.24	20-Jul-13	ODST	David Ingebretsen at ODST Summer Finale Swim Meet
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
55-59	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 Free	7:50.00	3-Dec-10	ODST	John LaBanc at ODST Distance Dare Foster 25m
	800 Free	15:45.00	3-Dec-10	ODST	John LaBanc at ODST Distance Dare Foster 25m
	1000 Free	24:47.00	23-Nov-12	ODST	Randal B. Craft at Distance Dare
	1500 Free	29:34.00	3-Dec-10	ODST	John LaBanc at ODST Distance Dare Foster 25m
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Breast	53.59	22-Nov-16	ODST	Mat Luebbbers
	100 Breast	1:49.36	22-Nov-16	ODST	Mat Luebbbers
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
60-64	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 Free	13:45.00	27-Nov-15	ODST	Don Deeter at Distance Dare
	800 Free	27:49.00	27-Nov-15	ODST	Don Deeter at Distance Dare
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1500 Free	53:28.00	27-Nov-15	ODST	Don Deeter at Distance Dare
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

60-64	25 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	60-69	25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
		50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
100 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
400 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
800 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
1000 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
1500 Free		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Back		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Breast		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
50 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 Fly		60:00.00	1-Jan-01	ODST	You Could Be Here!	
25 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!	
100 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!	
200 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!	
400 IM		60:00.00	1-Jan-01	ODST	You Could Be Here!	
65-69		25 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
		50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
		100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
		200 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	800 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	1500 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	200 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	25 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	50 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	
	100 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!	

**MCCS Semper Fit Aquatics
Okinawa Dolphins Swim Team**

RECORDS Short Course Meters

65-69	200 Breast	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Fly	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 IM	60:00.00	1-Jan-01	ODST	You Could Be Here!
70 & O	25 Free	6:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	200 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	400 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	800 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1000 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	1500 Free	60:00.00	1-Jan-01	ODST	You Could Be Here!
	25 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	50 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
	100 Back	60:00.00	1-Jan-01	ODST	You Could Be Here!
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